



# INSPIRE EMPOWER DEMONSTRATE LEAD

## OUTDOOR EDUCATION: GRADES 6—8

A significant outdoor education component takes learning outside the classroom for UA Middle Schoolers. Through regular Outdoor Education learning initiatives, they can apply their skills, take personal risks and learn about their responsibilities to the natural world. These experiences also offer an opportunity to understand that learning through exploration, movement and physical experiences can cement both one's personal identity as well as concepts learned in the classroom. We are excited to offer the following Outdoor Ed Experiences for the 2016/2017 school year:

### ◆ Leadership Challenge—September

Students will venture to Camp Jubilee where water sports, hiking and climbing will challenge them physically, build confidence and encourage team bonding to start off the year. Students will explore leaders and innovators in art to produce collaborative pieces working with new and unfamiliar media.

- Health & Career · Art
- Physical Education

### ◆ Rock Climbing—October

At Climb Base 5 in Coquitlam, students will explore the geology and geography concepts learned in the classroom.

- Physical Education · Math · Science · Health & Career
- Social Studies

### ◆ Snow Shoeing—November/December

Exploration, strength and fitness, and environmental awareness are just some of the areas that students experience on this trip to Mt. Seymour. They will also make connections to the Social Studies lessons of early explorers.

- Physical Education · Math · Science
- Health & Career · Social Studies

### ◆ Ski Days—January/February

Building confidence, expanding experiences and discovering alpine ecosystems combine with First Nations studies on these trips to local mountains.

- Physical Education
- Health & Career

### ◆ Water Sports—March/ April

Students learn about biodiversity, how to better understand the environment around them and about personal safety.

- Physical Education · Math · Science
- Health & Career · Social Studies

### ◆ Mountain Experience—May

This day trip will cover geology along the Sea to Sky climb while further delving into students' knowledge of alpine ecosystems, investigating major geological events of local significance and building confidence.

- Physical Education · Art · Math
- Science · Health & Career

### ◆ Camp Week—June

This camp experience to Island Escapades, students will learn about bio diversity, personal safety, and expand their understanding of environmental and social citizenship.

- First Nations Studies · Environmental Awareness
- Science · Ecology

